
Springston Pony Club

June Newsletter 2010

Collier Brown Team



Left to right=
Courtney Mullen, Charlotte Robertson, Stanley Mullen, India
Fluit-O'Donnell, Brooke Johnston and Katie Silcock.

Officers and Committee Members

President:	Sue Robertson	Ph 325 2055
Vice President:	TBA	
Secretary:	Margaret James	Ph 347 4950
Treasurer:	Mary Fitzpatrick	Ph 347 2556
Head Coach:	Linda Sevier	Ph 347 6079
Rally Co-ordinator:	To be filled	
Newsletter:	Tina Johnston	Ph 342 5709
Uniforms Officer:	Mary Fitzpatrick	Ph 347 2556
Second Hand Gear:	Mary Fitzpatrick	Ph 347 2556

Committee

Melanie Thompson (gear checker)	Ph 329 5060
Paul Mullen	Ph 325 3219
Sandy English	Ph 347 6230
Pauline Jarvis	Ph 347 8181
Debbie Hendry	Ph 347 7345

From the Editor...

Tina

Hello everyone

Well the weather has certainly been shocking lately. I know we are getting through the hay at a great rate of knots.

Well done to our teams that went to Collier and braved that bitterly cold weather. Although we didn't stay live in both teams there was plenty of cheering and encouragement from everyone. With one mishap of the day that scared us all it was great to hear that nothing was broken.

A big welcome to all our new members, please feel free to introduce yourself to other members and get to know them. Any queries just ask anybody and we will be glad to help out or point you in the right direction. Help yourself to coffee, tea etc in our clubrooms on rally days.

Please if you see someone out there putting out jumps, games, arena's etc, do wander over and give a hand as many hands make light work. Thanks.

Keep smiling.

As no-one sent me any photos for this months newsletter I am sorry but you got what was on my camera! PLEASE send me some photos!!!!

Tina

Please email me your results and photos through of any shows & ODE that you have been to.
Email: johnstonclan@farmside.co.nz

Well winter is really here; it doesn't seem to know how to stop raining and when it does it freezes! At least we are past the shortest day and hopefully that will mean more time to ride. Yah!

The C Cert kids are coming along great and I was really impressed to see them all doing so well at Chris's on Saturday. One more theory session and the cards should be off to the area coach to set their exam date.

Last rally day was wet so we had an unmounted rally in the club rooms which was really well attended and Stephanie Ashleigh spoke about how saddles were made, what to look for, what the different kinds were and then outside to have a practical demo....I must say Fly was less than impressed poohing on Steph!!! LOL... anyway it was really good and very interesting.

Well happy riding between the showers, in the mean time keep the feed and hay up to your horses and please make sure when you are out on the road wear a high visibility vest, it makes you a lot easier to see.

If you have any old feed bags lying around please don't throw them away as we need them for our ODE, these are great for putting horse poo in.

Sue

Charlotte Robertson riding
Dude at Collier Trophy
27.06.2010



Hello all

Our last rally was a rainy day rally and the turnout of riders was wonderful. Stephanie Ashley gave a very interesting talk and demonstration on saddle fitting
For unmounted rallies uniform is still required to be worn

I also gave a quick update on a recent talk from Jenny Paterson and here is her web link and a summary of some of her points

<http://www.calmhealthyhorses.co.nz/> and <http://www.horsemanshipnz.com/>

Jenny Paterson

Numerous horses exhibit the signs of excess potassium and/or a lack of sodium: everything from pinning their ears when asked to go, having 'no go', having lots of saddle-fitting problems, sweating with little exertion, sweating in odd places to not being able to canter properly, swapping leads behind, showing inflammation in Thermograph pictures, getting the shakes, being prone to laminitis and head-flicking.

The fastest results will be obtained from meticulously removing from the horse's diet: any short, green, grass especially rye-grass, clover, lucerne, kelp, molasses, garlic, many herbs, all of which are very high in potassium.

We need to get the potassium levels down and other minerals especially sodium, magnesium, and calcium up.

Your Gut Feelings

If you don't feel your horse is OK then he probably isn't and you are best to follow your gut instinct and not ride him until you are sure he is back to normal.

If you are out riding and you start to feel unsafe, then there is no harm done by getting off. Contrary to popular belief the horse will not 'think he has won'!! What you don't want to happen is for you to fall off or worse, be chucked off as you risk being hurt. NOT worth it!

If your horse 'isn't right', 'isn't his normal self', is doing things that are 'out of character' then definitely don't ride him. I could literally fill the website with stories of accidents which have happened when people ignored these warning signs and 'rode them anyway'!

High production grasses are LOW in fibre and HIGH in sugars and carbohydrates and are very prone to serious mineral imbalances. They can be VERY high in potassium and nitrates and low in sodium. This in turn causes the horses system to be 'stripped' of calcium and magnesium. Add to this that some grasses have oxalates which predominately bind up calcium but will also bind magnesium.

Unless you have been organically farming for years, your pasture WILL BE minerally imbalanced. In particular it will be deficient in calcium and possibly magnesium. Rye Grass and Clover are inherently very high in potassium and low in sodium, especially under certain climatic conditions frequently encountered in autumn and spring. These macro-minerals are so vital to life that if the animal isn't getting them from the grass he is eating then we must supply them in the form of a supplement for the following very good reason.

This is turning out to be the 'nutritional tip of the century'!! As it turns out horses don't consume nearly enough from salt licks to balance up their high potassium diets. Horses grazing green, growing grass can be ingesting many times more potassium per day than they require. As potassium is involved in cell division it is always in the tips so in this respect short grass is worse.

As grasses become higher in potassium they do not correspondingly become higher in sodium. Lucerne and clover, being legumes store sodium in their roots while the leafy part is very high in potassium. When you add salt to their diet, horses drink way more and then they can excrete more potassium.

Jenny commented that she gives her horses 2 tablespoons of salt twice a day

Close observation has demonstrated that consuming the tiniest green shoots is enough to keep some horses 'affected', some ponies laminitic and some horses head-flicking. When you remove them completely from the grass they come completely back to normal. Then mature grass can be introduced back into their diet.

But please also give Hay, Hay and more Hay

Have a good read of Jenny web site it is very interesting with some good ideas on how to limit or reduce the fast growing grass intake of our horses

Both our July rallies will be tied in with our ODE at Burnham.. more to follow. Also I am away for the two rallies in July, but back late July

Keep warm and dry

Linda

Brooke Johnston riding Ricardo at Collier Trophy 27.06.2010



Roster for Pony Club Rallies 2010

Below is a start to the roster for the 2010 year, any questions please phone Tina on:
342 5709

Roster

- 11th July** **Working Bee** - Burnham – 10am start! Please bring raffle goodies as well as tools. Please bring back Chocolate Money for Mary also.
- 24th & 25th July** **OUR ODE** at Burnham – **All Hands On Deck!!!!**
- 8th August** **SEC – Bring your own Morning tea.**
- 22nd August** **Trip to Stables** – Horsemanship
- 12th September** **Home Rally**
Silcock 3295771 & Mitchell 3291677
- 26th September** **Derby Day** – Mary to organise
Joanna O'Brien 3442964 & Parrish 3479272

Above are the families that are responsible for setting things up on each rally day, as specified. If you can't make it on your day **YOU MUST ORGANISE A REPLACEMENT**. When on duty please be at the Pony Club Grounds to set up gear at **9am**.

Duties include:

- Do the dishes, if any
- Fill the zip and turn on, fill jug and turn on,
- Sweep club room floor,
- Bring milk and biscuits,
- Take Rubbish out to Roadside for Collection.
- Take home dirty tea towels to wash and return,
- Refill tea, Milo, sugar and coffee containers from stores in the cupboard,
- Clean toilets and put out toilet paper,
- Remove toilet paper from toilets at the end of the rally and put in clubrooms. Lock Toilets.
- Set up gear as required by Rally Coordinator (to be filled). Please phone day before to find out what gear needs setting up. 342 5709



REMEMBER MANY HANDS MAKE LIGHT WORK

When you join Pony Club you are asked to do 1 or 2 duties a year. Also you will be asked to help out at Pony Club when needed as well as at working bees.

General...

Uniform

Formal Uniform:

Brown V neck Jersey
White shirt
Brown tie
Jodhpurs (Beige, Cream or White)
Boots
Hair tied up or in Hair net
Badge
No jewellery!

Pony Club Rally Uniform:

(Formal Uniform may be worn as well)
Brown V Neck Jersey
Yellow Skivvy or Yellow Polo Shirt (with no Tie)
Pony Club Ruby Knit Jersey
Badge
Jodhpurs (Beige, Cream or White)
Boots

Mary Fitzpatrick is now the person to see for your uniform requirements. Mary has a few second-hand items also.

Hiring Pony Club Grounds

Any pony club member can use the grounds free of charge, as this is included in your membership fee. The grounds are also available to people outside the pony club at a cost of **\$10.00 per horse**. (*note new rate*) So if you bring a friend who is not a member, yes they will need to pay.

There are a good range of cross country jumps set out around the grounds now, together with the dressage arena (which has lights available for night use), and some of the show jumps are currently.

A key is available from Sue Robertson, 304 Springston Rolleston Road, Ph 325 2055

Springston Pony Club Postal address: PO Box 19
Rolleston 7643

FUNDRAISING:

Every family, can you please donate 2 items for our ODE raffle, doesn't have to be a grocery item. Please bring to the next working bee at Burnham or drop off to Sue Robertson's place 304 Springston Rolleston Road.

Also can we have baking done for our ODE for both days. This is for our judges and helpers on the two days. This can be dropped off on the morning at the event or the night before to Sue's place also. Many thanks.



For Sale

If you have any items you would like to advertise please let Tina know.

There is some second hand gear already available at pony club, please approach Mary Fitzpatrick if you would like to view it.

Pony Club Uniform –Our pony club knitted V-neck jerseys are for sale at a cost of \$57.00 each and there are full ranges of sizes available. There are also rugby tops available. Mary is ordering more of the rugby jerseys so please contact her if you require one. Phone Mary Fitzpatrick on 347 2556.

- Meadow and Red clover Hay for Sale
Medium Squares and Round bales of Meadow hay also available
Phone Sue or Graham on 325 2055

WANTED TO BUY OR LEASE:

Safe 1st Pony for 4-year-old girl. Good home assured.
Phone Jo Benison 329 5323

Reminders...

The newsletter will now be available on the website (see below for web address).

You will get an email advising you when the newsletter is posted on website.

If you do not have access to the web, we can post you a copy or bring you a copy next pony club rally. Please advise Tina.

We now have a link through New Zealand Pony Club Association website as well.
www.nzpca.org

Go to Areas, Christchurch, then go to Spingston Pony Club, and the link should be there.

Our Pony Club Web Site is now up and running and just awaiting more information to be added soon. Web address is www.springstonponyclub.org.nz

Pony Club Meeting Monday 19th July 2010, 7.30pm at Sue Robertsons = 304 Springston Rolleston Road.

Please bring Chocolate Money back to Mary this Sunday at our Working bee at Burnham 11th July.

MEMBERSHIP FEES

There are still some families with outstanding membership fees.

You will now receive an account from our treasurer for these. Please contact Mary Fitzpatrick if you have any questions on this. 347 2556.

Any repairs of covers, bridles, leather work etc: ph Sharon **0272308849**

BREED OF THE MONTH

The Quarter Horse

The Quarter Horse, named for its extraordinary speed over a quarter of a mile, is America's most popular and successful breed. In the fifty-seven years from the beginning of registration in 1940 nearly 3 million horses have been registered and the breed is represented in over sixty countries around the world.

The Quarter Horse in New Zealand

The first Quarter Horse arrived in New Zealand in 1969 to the Poronui Quarter Horse stud, Taupo. He was Di Bar Flit (by Bar Flit out of Dipsydoodle Milligan) imported from the U.S.A. This was followed by Mr W. Bremner of Auckland who imported Breakaway Bill (by Gold King Bailey out of Dustie E) and three purebred mares, all from the U.S.A.

In 1972 there were two importations from Australia - Mr W. Anderson bringing in Clover Kit Kat to Mosgiel and the Clothier family of Raglan importing Nevada Look At Me.

1974-1975 saw an increase in importations with three mares and four stallions arriving from Australia and for mares coming from the U.S.A. By 1977 New Zealand possessed sires representing most of the then leading bloodlines in the U.S.A.

The New Zealand Quarter Horse Association (Incorporated) was formed in 1970 and was initially occupied with the recording of these imported horses and their progeny. By 1974, with the increase in numbers and interest in the Quarter Horse, the associations activities were expanded to start the promotion of the Quarter Horse at shows and to institute show and performance competitions.

The first Halter competition was held at Taumaranui A&P Show on 8 February 1975 with Mr Robert Baldwin of Australia judging. The first performance competition was held at Kihikihi on 20 November 1976. This show was judged by Mr Bill Beaver and Mr Glenn Cainpin.

Since these humble beginnings the Quarter Horse has grown from strength to strength with horses competing and winning in all equine activities, as well as giving pleasure to those who just want a good horse to ride.

The New Zealand Quarter Horse has also created interest overseas with a number of horses being exported.

More Info please visit:

<http://www.nzhorses.co.nz/breedofthemoth>



NZPCA Calender

• EYRETON PONY CLUB XC OPEN DAYS

Saturday 31st July. Jumps up to/including 75cm. Course will still be set out as for the event.

Saturday 21st August. Aimed at 75cm and higher.

Water jump will be filled for both days.

10am - 3pm (everyone out).

\$15 per horse.

Medical armbands and legal helmets to be worn.

Hot and cold food and drinks will be available

- [Halswell PC, ODE \(7/8/10\) EF **Changed dressage test!**](#)
- [Mill Creek PC, Dressage & Show Hunter Day \(15/8/10\) EF](#)
- [Roydvale PC, ODE \(1/8/10\) EF](#)
- [Show Jumping Course with Amanda Brown &/or Mavis Harris @ RDA, + Cross Country with Amanda Brown \(July 2010\) Registration Form --Note date changes!](#)
- [Rakaia PC, ODE \(18/7/10\) EF](#)
- [Eyreton PC, ODE \(18 July 2010\) EF](#)
- [Inaugural Stringer Trophy, Combined Training \(Dressage & Showjumping\) Teams Event \(25 July 2010\) EF *****Amendment to Rules #2 & #13*****](#)
- [Springston PC, ODE \(24 & 25 July 2010\) EF](#)
- [Springston PC, ODE \(24 & 25 July 2010\) Schedule***Please note Sunday Dressage test for 95cm and 105cm is test A2... \(ESNZ 2009\) Classes are filling and preference will be given to those that provide a fence judge.](#)

CHCH HUNT CLUB

SPECIAL CHILDRENS HUNT

School holidays Thursday July 15th

Held at the Historic Terrace Station, Rockwood Road, Hororata.

11am start, \$20 per rider or \$60 a family.

Complimentary BBQ at the completion of hunt.

All heights catered for.

Prepared and led by Andy Thompson and Dave Sligh of the CHCH Hunt Club.

Proceeds to WindWhistle School.

WindWhistle School would like to thank the CHCH Hunt Club for their generous support.

Enquiries to [Mel](#) 033186852

Awesome photo of
Brooke courtesy of Steve
James



Birthdays...

HAPPY BIRTHDAY TO.....

1st July Sierra Bayley

2nd July Georgia Bates

2nd July Shannon Brien

24th July Katie Silcock

Hope you all have a great day!



Best buds just hanging out!

Photo courtesy of Steve James.
